

# JOSHIAH

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*Caveat: This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited. Editorial comments are in parentheses; probable wording is in square brackets.*

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**Joshiah:** Well, now. Well, it is indeed a pleasure to be invited back into your vibrational level and we would like to express our greetings to each of you and as well our gratitude for your once again offering us this opportunity to enter into your vibrational level and to interact and to share with each of you.

Now, before we begin on this afternoon, once again, we would remind you that there exists for each of you that opportunity to be involved in what we refer to as the silent communication, that opportunity for you to alter your consciousness and in that altered state of consciousness have the opportunity to have a telepathic interaction or exchange of information with other entities that would be with us on this afternoon or indeed with that portion that you might refer to as your higher self or that spark of consciousness that you are. And many times, once again, that intuitive interaction and exchange of information is much more pertinent to your individual needs and requirements and desires than is this information that we attempt to express through the rather limited use of a vocabulary.

For as we have suggested so many times, the answers lie within each of you. And you would have much more success for grasping of the meaning of your creation process where you feel it and discover it from within, rather than attempting to have it explained in such a manner that it's absolutely clear, where the explanations can give you the opportunity to extend the exploration, the definitions, and the explanations through the use of a vocabulary always falls short. They always have that limitation, for you see, you put in place, once again, as we have suggested so many times an electromagnetic type of energy that limits your capacity to understand who and what you truly are in your awake and consciousness state. And so in an attempt to give you an explanation the limitations are there. It's impossible to have it explained. It's impossible for you to hear it or to read it in some book or to have it described to you. The answers are within.

And so we would encourage you to be involved in that altered state of consciousness, and in that telepathic interaction with that silent communication as we like to refer to it. But once again, as always the choice is yours. Absolutely.

And so conscious creation, let's speak about conscious creation this afternoon. You are as a human consciousness agreed to enter into and are in the process of altering the energy in this vibrational level that you exist in, and to, as a result of the alteration of that energy, have the capacity to consciously influence and create the reality that you're experiencing in your awake and consciousness state. That opportunity and that possibility has always been there, it's just been more difficult because, once again, of your placement and sustainment of that veil that you put in place when you created this vibrational level. But that veil is altering, the energy is changing. Not to the point where you're going to be absolutely able to understand who and what you truly are in the conscious state, although that is a possibility. Nonetheless, not what you're proposing to do and to accomplish in this so-called new age and new energy. You see it's possible for you to understand who and what you truly are, but as we've suggested many times, if you hold that understanding in your awake and consciousness state, the possibility that you will stay in this particular vibrational level is very slim. You'll have completely done away with the reason that you're here in the first place and that's to experience a reality where you believe that you're not in control, so if you take away that belief and if you understand in a conscious state who and what you truly are, then you pretty much eliminate any reason for you to exist in this so-called conscious level, that you experience in this so-called real reality that you're existing in.

And so in this new age and new energy, it's not likely that you're going to be walking around like some individual who can snap their fingers and suddenly change their shape or change their entire existence, for you see, once again, that's not what you choose to do. However, the possibility to have a more direct conscious influence upon your reality and upon the creation of your reality; life within your grasp, it's once again, something that's always been available, just much more difficult in your so-called past in your history. And those few individuals in your so-called past or history who understood their ability to influence their reality had a tendency to be somehow separated from your society and were put up as being some kind of special individuals and in many cases even looked upon as being some kind of a god-like figure.

The irony of it is they're no more god-like than what you are. God is who you are, it's not something that's separate from you, and you're no different from any other entity, not only in your vibrational level, but in any of the vibrational levels. You are the creator and the sustainer of the reality that you're experiencing. Absolutely.

So in this new age and new energy it will be possible for you to consciously influence your reality in a manner that's been very difficult for you to accomplish one—to accomplish, rather, in your so-called past, in your history. And so, how do you do that? What are the tricks if you wish?

Well, there's no tricks to it at all, it's a very simple process. It's a process that you're involved in now, you're just not understanding or realizing it to the extent that it will be possible for you to do so.

First of all, in order to have any type of recordable success in this conscious creation process it's necessary for you to understand that the reality that you're experiencing is a reflection of your beliefs. That doesn't change. And in order to, once again, have some type of a success in your conscious creation process it's necessary for you to like who you are, and to begin to love yourself consciously.

We're not going to go into all of the steps that are available for you to like yourself consciously and to begin to love who you are consciously, we've done that many times. Suffice to say that you must reach that point. For you see, if you don't like who you are and you hold that belief that you're not worthy, then the spark of consciousness that you are validates the belief system, and it shows you that you're not worthy, because that's what you believe, because that's what you hold in your conscious state. Change it. Like who you are. It's a very simple process, as we've suggested, we've outlined it many times. Like who you are. For yourself, not for some other individual. Do the necessary steps to begin to strengthen your character so that you can look at this individual and project the image that you would like others to see and you begin to like who you are. And when you like who you are then you begin to love yourself, consciously, and to bring it into your awake and consciousness state, and then you can begin the process of consciously influencing your reality because you believe that you're worthy.

It's important that you understand what you desire. Desire is a very, very significant portion and part of this conscious creation process because if you don't understand what it is that you desire then it becomes very difficult for you to create that reality. And so, you must be specific in what you desire.

You have and continue to put in place belief systems in altered states of consciousness. That will continue. You will continue to do so. However, it becomes possible for

you to consciously have an influence upon those belief systems in a manner that's been very difficult before, as we've suggested. But to do it consciously means that you must pay attention to certain aspects of your conscious being and one of those are, what it is that you desire.

And then, when you have that mapped out, when you know what it is that you desire, then you begin to ... the process of bringing that into your conscious state. You do that by understanding what it is that you're feeling about certain elements. You see, the feelings and the attitudes that you have, the spontaneous feelings and attitudes that you have, are many times a direct consequence of the beliefs that you hold that are responsible for the reality that you're experiencing that allows you to experience those feelings and belief systems, those feelings and attitudes. So pay attention to them. Pay attention to the spontaneous feelings and attitudes that you experience for they can be keys to understanding what the belief is.

So, once you understand what it is you desire, you pay attention to your feelings and your emotions, and you begin to think about it. You begin to have a thought process. Many will tell you that, well, if you think this particular bad thought, that you shouldn't do that, that you should put that away. And we're, once again, suggesting that the thoughts are keys to understanding the belief systems. The thoughts and feelings that you experience can be keys to the belief systems. So pay attention to your thoughts. What do you think?

And it's through your thoughts and feelings that you begin to have influences upon your choices, upon the decisions that you make, that will influence your reality. Now, you can make decisions and you can make choices in a random manner, but if you hold a belief that you're not in control, then those choices and decisions will be influenced by the belief systems that you hold. And not only will the thoughts and choices that you're making be influenced by the belief systems, but the reality that you're experiencing will be a direct reflection of those belief systems.

So. Let me give you an example. Let's say that you hold the belief that you are not in control. You hold the belief that there are other entities or an entity or angels or gods or whatever terminology you like to apply to other forces that are influencing and creating your reality. Let's say that you believe that to be an absolute and that whatever you do is operating within those limitations. And so, you make choices and decisions to influence your reality, but in the back there somewhere there's always this nagging doubt, that well, it doesn't really matter because you see my reality is being influenced and controlled by these other forces or force or whatever terminology, once again, that you like to apply to them, whether it's your guardian angels or whether it's some type of god or it doesn't matter what the terminology is, it doesn't really matter what it is that

you believe that's controlling that reality and influencing it, it's that you believe it's not you. And if you believe that it's not you, that you don't have the capacity to do it, then once again, all of this other stuff that you're doing, all of these paying attention to your choices and your decisions and paying attention to your thoughts and feelings, understanding what it is that you desire, becomes almost useless because it's overridden by the basic belief system that you're not in control.

And so, it comes back to understanding that the reality that you experience is a reflection of the beliefs you hold. In your belief systems in your so-called religions, almost invariably you will be given statements like, you and your god or the energy or the angels or whatever terminology, once again, that you like to apply to this other power or influence in your reality are one. That you and that energy are one. But then, somewhere along the line, if you are one it means that you are inseparable, that you are the same, that you are the god.

Oh, but then along in the religions comes this thing, well, it's not really quite that way. You see, you are only one at certain times. At other times this energy seems to separate and control your reality, influences your reality, gives you free will, but takes it away on the other hand because if you don't do what you're supposed to then you will suffer all types of negative consequences. Well, if you're one that doesn't happen. Unless of course you believe.

You see, there's the irony. You live in an illusionary reality and it's a reflection of what you believe. But to suggest that you are one with this energy, and yet you search for that energy because it seems to be evasive doesn't really make any sense. It's like looking at a glass vase and saying, "Well, this is a glass vase," but when you take the glass away you still have the vase. It doesn't work that way. It's a glass vase. It's there. It's what it is. You don't separate the glass from the vase or the vase from the glass because then it doesn't exist anymore. It's what you are. You are that spark of consciousness that is the creator of the reality that you're experiencing and you can't separate from it. You can't lose it. You can't set it aside and say, "Well, there's god over there that's influencing my reality, but I'm this little whatever over here and separate from it." It's not that way. You're either are or you're not.

And we would assure you that you are. You are the god that you search for. You are the creator of your reality. But if you don't believe that in your awake and consciousness state, if you've chosen to enter into this vibrational level and not have that understanding come into your reality, then it becomes very difficult to enter into a state where you can consciously influence the reality that you're experiencing to the point where you can change it absolutely. Because there's always that overriding belief system that you're not in control. Or that overriding belief system that you're not worthy.

And you must change those if you expect to have success in the so-called conscious creation process. And it's important as well to understand that if you don't change it really doesn't matter. It really doesn't matter. It's not like you're doing something wrong if you choose to believe that you're not in control. The irony of it is that's why you entered into this vibrational level in the first place. So, we're not suggesting that you must do this or you must do that or that this is the right way or that's the wrong way. Absolutely not. You can do whatever it is you desire. Not only can, but do and will.

So, it's not a right or wrong. You'll not be judged, "Well, I didn't do the right thing." Absolutely not. There is no judgment, other than the judgment that you have in your awake and consciousness state. The spark of consciousness that you are does not judge your decisions. The spark of consciousness that you are does not judge your belief systems. The spark of consciousness that you are gives to you what you desire and does so without any type of judgment as to whether it's right or wrong or good or bad or whether you will have a positive or negative experience. It gives you that reality from a position of absolute and unconditional love. And that's what you are. That's what you are. It's not separate from you.

And so, to influence it consciously, this reality creation process, you must, if you desire to do that, hold in your so-called awake and consciousness state and in your altered states of consciousness the belief system that it's possible that you're in control. And some of that comes when you pay attention to the attitudes, to the feelings, and to the thought processes that you have, and it will influence the choices and decisions. And through the influence of the choices and decisions that you make you begin to have an impact upon the reality that you're experiencing.

And so, understand what it is that you desire because by understanding it will assist you in making those choices and decisions. It will assist you in understanding the feelings and emotions. It will assist you in grasping the beliefs so that you can change them if it's necessary. And you change them, once again, by paying attention to the choices and decisions based upon your understanding of what it is that you desire.

And so, understand what it is that you desire. Pay attention to the thoughts and feelings. Pay attention to the attitudes, the spontaneous attitudes, to get glimpses and the understanding of what the beliefs are, and then allow those to be brought into your day-to-day activities when you're making your choices and your decisions so that you can influence the reality that you're experiencing consciously.

And it's also important to believe that if you do certain things in a certain manner that indeed you can achieve this reality creation process from a conscious state. You see, you as entities enter into this vibrational level,

once again, put in place that electromagnetic type of veil and one of the most difficult belief systems that you have in your so-called human consciousness belief system is that belief in time and space. You really like to have some type of order. It makes more sense. It makes it more real in your awake and consciousness state it makes the illusion, reality that you're experiencing more solid, more valid if there's a passage of time and space and you can mark off the progress that you're making.

And so, you put in place those steps and you allow the time for it to proceed. You give it time, and you have a sustaining will that it will occur. That's important. Because, once again, it validates the belief in time and space. One which is very difficult, not impossible, but very difficult for you to step outside of in your awake and consciousness state. You do it quite regularly in other altered states of consciousness, but in an awake and consciousness state it's a very difficult belief system to step outside of, to operate outside of that limitation that you put on yourselves.

And so, progression makes it more real. It validates it. You can mark it off. And so, it can be important for you to have some method or technique that you desire to employ. Methods or techniques can be very difficult to present as being something that will work for you. Because, as we've suggested so many times, your belief in the method or technique is far, far more important than what the technique or method that you desire to use is. If you don't think it'll work you're spinning your wheels. If you don't have any faith that it's possible for you to apply a certain technique or a method and that that will influence the reality you're experiencing, if you don't believe it, then it's not going to occur.

The reality you experience is a reflection of the belief you hold. We've said it so many times that you now know exactly the words that are going to come out when we start to say "reality." You're waiting for the full phrase. The reality you experience is a reflection of the belief you hold. If you don't believe that it's possible, if you don't believe that the method or technique will work, then it's very difficult to experience the results that you desire because you've sort of shot yourself in the foot before you begin the process. So, you must believe that it's possible that if you employ certain methods or techniques that they can influence the reality that you're experiencing, and it doesn't matter what they are.

Some of the things that you find quite beneficial is to utilize your imagination. When you were children in this so-called vibrational level in your awake and consciousness state [in] that portion of your incarnational period when you were a child, your imagination runs wild. You still have, if you wish, a closer connection to your so-called inner consciousness selves and it's much easier to utilize

your imagination. But then as you get pass that seemingly innocence of childhood which is actually a very, very beneficial part or part of your existence you enter into this more adult age, more mature, and so imagination gets put aside, imagination is not employed to the extent that it is when you were a child.

And that's really sad. It really is. Because you see, this reality that you're experiencing is based upon imagination. You desire it, and then if you can imagine it, you can create it. And the more explicit and vivid your imagination, the more that you can involve all of your senses in your imagination, then, indeed, the more chance there is of taking what was once simply a possibility for you to experience in this reality and turning it into a probability. Imagination. Utilize imagination.

And you can do it in many states of consciousness. You can do it in your awake consciousness state if you wish. You'll find it's much easier in an altered state of consciousness to utilize your imagination. "What would it be like?" Many individuals refer to it as daydreaming, if you wish. Daydreaming is a type of meditation. You've altered your consciousness. You're not aware of your surroundings. You're in an entirely different zone, if you wish. You're in an altered state of consciousness. And in that altered state of consciousness, in a daydream, you can imagine what it's like to have whatever it is that you're desiring. And utilize all of your senses. It's important to use your sense of smell, and your sense of touch, and your sense of sight. All of the senses, bring all into this imaginary experience because it makes it more real.

The irony of it is, that the reality that you experience in your awake and consciousness state is illusionary. It's an imaginary reality. It doesn't mean it's insignificant, but it's illusionary. It's the least solid reality that you will experience in any level of consciousness. And it is the most difficult for you to sustain. But it's illusionary and you can change it. The only thing that makes it solid is this so-called electromagnetic type of energy that you've put in place. That's what makes it seem real.

You choose to make it seem real. You choose to play the game. You choose to put aside the understanding of how you create this reality and make it appear like it's beyond your capacity to control it. You choose. And so you can choose as well to include it consciously and in this new age and new energy you will have much more success than what you've had in your so-called past. That opportunity is becoming more and more available to each of you.

And once again, it's important to understand that it's not something you have to do. You see, when you begin to hold this thing that, "I'm not doing it so I must be doing something wrong," or, "I don't want to do that. I don't want to take that on so I'm somehow not going to be part of this creation process," that's not true. It doesn't matter whether you choose to do it or not

choose to do it. It doesn't matter, it's an opportunity that's available to you if you wish to go that route. But you also have the opportunity, if you wish, to not go that route. It doesn't really matter. It's not a right or wrong concept. It's important to grasp that.

You see, if you don't grasp that concept, if you believe that, "Well, if I don't do this conscious thing, this conscious creation thing that we're somehow going to be left behind." And then, if you don't experience immediate success in this conscious creation process, if you don't hold that necessary element of self-respect or desire, that necessary element of expectation because of worthiness or lack of worthiness or lack of deservability, "I don't really deserve that. Someone else can have that, but it's not going to happen in my reality. That's too hard," or "I'm not, I'm not good enough," or it's, "I'm not capable. I can't do that." If you hold that belief system and you attempt this alteration into doing some type of conscious creation process and you happen to fail at it, then you haven't accomplished anything except making yourself feel more that you're not worthy.

And so, it's important to understand that this is not a right or wrong. If you're not successful at it right away, you haven't failed. It's not that. It's not something that if you don't do it to this extent and experience an alteration that you somehow failed. Absolutely not. Similarly, if you've not failed, you've validated the beliefs you hold and the spark of consciousness that you are rejoices at allowing you to have that experience. That's the irony. You cannot fail.

There are but three things in this vibrational level that you're existing in that you can put down as being absolutes and you can put them aside and never ever, ever have to worry about it again, and one of them is that you create your reality. All of it. Not just some of it. All of it. And number two is that you are the god that you search for. Absolute. That's not a maybe, we're not suggesting that, well, that could happen for you and you might be one of the lucky ones. Absolutely not. You are the god that you search for. You are all that is. Absolute truth. And the third thing is that you cannot fail. The spark of consciousness that you are creates the reality that you desire to experience to validate the beliefs that you hold and it does so without judgment, and it does so from a spark of absolute unconditional love and you cannot fail to come to that understanding of who and what you truly are. It's a "no fail." No matter which way you go, no matter which choices or decisions you make, no matter what beliefs you hold and experience, it is not a failure.

It's a validation of beliefs you hold and that spark of consciousness you are, that you are at the inner bottom of your consciousness of the sub-consciousness that you could possibly go to is rejoicing. The god that you are is rejoicing in creating

the reality that you desire to validate the beliefs that you hold.

So, you can't fail. This is not a, "If I don't do this, I'm somehow going to fail." You can't fail. You never, ever fail. In your awake and consciousness state you may feel, "Well, I haven't accomplished certain things that other individuals look at and so I must be a failure," or, "I'm not happy all of the time so I must be a failure." That's awake and consciousness judgment, right or wrong, good or bad, success or failure. At the level of consciousness from which you create your reality you are never a failure. You create the reality to validate the beliefs that you hold. You are all that is. It's really that simple. It's illusionary.

Develop the methods or techniques. If you wish, to do this conscious creation stuff, you can do it. It's going to be available to you. Pay attention to your thoughts and feelings. Pay attention to the attitudes that are the reflections of your belief system. Make choices and decisions based upon the thoughts and feelings, based upon the belief systems, based upon what it is that you desire. Use your imagination to imagine what it would be like to have what you desire. And don't put limitations on it, don't say, "Well that's not possible, that's not possible." Everything that you're experiencing in this reality is the result of someone utilizing their imagination. "What would it be like to be able to fly?" That was someone's imagination in your so-called past. The irony of it is that the only limitation to your ability to fly is your belief systems that you hold in your so-called human consciousness belief systems that make it difficult. Those are the limitations. You put them in place in the first place when you entered into this vibrational level. Those are the limitations that you put in place, that you choose to uphold and to validate and to sustain. Those are the only limitations. So, don't limit yourself to only imagining certain elements. It's all there.

We've suggested before that in your so-called past, in your history that's before your modern recorded history that you, you as entities existing within those periods, within those time periods understood that energy was available to you in unlimited capacity in terms of this reality, this universe that you're existing in, and you could just tap into it. What you would in this particular age call the ultimate clean, non-polluting energy is there. The only limitation is your imagination.

So, don't limit what you desire to imagination of elements that are simply in place and you know that you can have them. The only limitation to your creation process is your imagination. So, feel free to imagine whatever it is that you desire. Your so-called geniuses understood that element, understood that imagination is the key to the creation process. Each of them understood that to create the reality you have but to desire to imagine it and then, the key element is to expect it. And in order to expect it you must like who

you are. In order to expect it you must pay attention to the thoughts and feelings so that they influence your choices and decisions. You must pay attention to the attitudes so you can understand the belief systems and alter them. It's really that simple. It's not difficult at all. You do it on a regular basis. You're just not consciously aware of it.

So, that is available to each of you. Pay attention. Pay attention to the thoughts and feelings. Know what it is that you desire and utilize your imagination and have the expectation. And if you don't have the expectation, then work on that portion of deservability, of liking who you are, so that the expectation is there, so that it becomes from what was once a very vague possibility into a very strong possibility and probability.

You can have it. You can have it. Once again, the only limitation to your creation is your imagination. You are the creators of your reality. You are the god you search for. You cannot fail. From there on it's all up hill and laid out before you, you have but to make the choices to decide which way you want to go and what it is that you desire to have, when it's all yours.

Now. We would break for a moment or two. And if you have any questions we would be willing to return and attempt to answer them for you. And in the meantime we would remind you that we are not separated by time or space but rather by a vibrational level, and should you choose to interact with us you have but to express the intent and we would welcome that opportunity to interact and to share with each of you. And so, we would leave you for a moment or two, with love and with peace.

*(There was no Q and A recorded.) ✨*