

JOSHIAH

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April 1, 2007

Q and A

Joshiah: Well, now. Well now, once again, allow us to express our greetings to each of you and to remind you that there exists that opportunity for you to be involved in that silent communication, that opportunity for you to alter your consciousness and be involved in that telepathic interaction, if you wish, with other entities that would be with us on this afternoon.

You see, when we attempt to give you information, when we attempt to express to you ideas and concepts, we do so through the use of a vocabulary and that vocabulary definitely has its limitations. For you see, the vocabulary that you utilize is based upon the beliefs and the experiences that occurred within your so-called awake consciousness state, based upon belief systems that you hold in this awake consciousness state that you can use to utilize and to interact with others in this so-called use of a vocabulary, in this use of a language, if you wish, that allows one to express a concept or an idea to another individual in this awake consciousness state based upon your understanding and your experiences in this awake consciousness state. And as a result, indeed, it can be very difficult to use expressions for experiences that you cannot comprehend in this so-called awake consciousness state. And so, this vocabulary has its limitations. Absolutely.

You exist in this vibrational level in a reality that's illusionary. In a reality that's illusionary but absolutely not insignificant. And in your so-called awake consciousness state you have certain elements that you can establish exist, and yet you absolutely cannot experience it through any of your so-called senses in its limited form of existence. For example, your scientist understand, absolutely, and believe and hold a concept that you have atoms, that your entire universe is made up of atoms, the smallest particle that is contained within a single unit in your so-called belief system in your awake consciousness state.

And in that atom, they have electrons and a nucleus. And you understand in your so-called scientific experiments that it's possible for you to release the energy that is contained within that atom. And as a result of the releasing of that energy, indeed, you can create an experience to validate that the atom truly

exists, even though that's only a so-called comprehension. It's an idea. It's not something that you can see. It's not something that you can even isolate and say, "Well, there's an atom." And yet, you can indeed create an experience that allows you to believe that the atom exists and there's energy contained within that atom.

Now, you also believe that that atom has within its makeup a space and that space is combined of energy. And if you were to use a ratio of your atom in comparison to the universe that you exist in, if you extract that atom and expand it to the size that's comparable to your universe, you would find that there is more space between your so-called nucleus and the electrons that float around your nucleus than there is between the so-called planets that exist within your solar system. More space in the atom than you have in your so-called solar system in terms of the relativity of the closeness of the elements that are combined in the makeup of either one.

And so what's in that atom? What's in that rest of that space? The rest of that space is energy. And ironically, your entire universe that you experience in your awake consciousness state is comprised of atoms. It is made up, if you wish, of an element that has very little substance but a whole lot of energy. And you as individuals and as entities are the energy that exists within those atoms. And so, we say to you that the reality that you experience is your creation, that you are an entity that has the capacity to create your reality. Not only has the capacity, but indeed you exist in each and every atom of your entire universe that you perceive in your awake consciousness state. You are so [much] more than what you comprehend in this awake consciousness state.

And yet, we can suggest that you create the reality and you can go through all types of particular methods and techniques that you choose to validate that belief system, and you would say, "Ah, lookit, I am in control of certain elements of my reality creation process." Even though it's only a concept, even though you can't prove it. You can't write it down and say, "Well, if follow this and this and this, that's what works." Because that may work for you, but it may not work for another individual because they don't believe.

And that's similar to that atom that you can't see, cause you simply hold the hypothesis that it exists. You

understand that through various experimentations and performing various procedures, through a human consciousness belief system and agreement that it's possible for you to indeed get an experience, to create a particular type of experience to validate that there is energy contained within that atom and you can release the energy.

You can't see the atom. Absolutely not. You can't even see the elements that are contained within an atom, but you believe that they're there. You believe. You believe as a human consciousness concept that it's possible for you to release the energy that's contained within the atom. You also believe that each and every element of your entire universe is made up of that atom. We would suggest as well that the energy, the essence of that energy is who and what you truly are. It's not something that's foreign from you, it's who and what you truly are.

You see, you believe and you can hold the concept, that within your physical being, indeed, that element, those particular atoms that are within your physical makeup, "Well that's you." You can believe that indeed this spark of consciousness that you are or the energy or whatever terminology you wish to give an explanation for the sense of who and what you truly are exists within each and every atom of your entire physical being. Because that's you. And you believe that somehow that's separate from the rest of your universe, that that's you.

The irony of it is that the separation is illusionary. You exist within each and every atom of the entire universe. Absolutely. Not just within your physical being, even though that's one that's much easier for you to comprehend and to hold the belief. For you see, when you understand that you believe and exist within each and every atom of the entire universe, then you accept the responsibility for the creation and for the particular activities that are occurring within your universe. You accept the responsibility for the reality that you experience.

And that can be a very difficult concept because, you see, when you came into this vibrational level you choose not to accept that responsibility in order to make it real. You choose not to accept that responsibility. You choose to put in place, once again, that electromagnetic type of energy that limits your capacity to understand that you're in control, so that you can enhance the reality, so that you can enhance the experiences and intensify the emotions and feelings that you experience. It's really that simple. You can make it, not only can make it but go to great lengths to make it, more complicated, but it really isn't.

You exist in each and every atom of your entire universe. Absolutely. The spirituality that you are cannot be separated from who you are. You cannot lose it. [Then] we use the phrase that there are individuals who are searching for their spirituality. Well,

it's not something that's lost, it's something that you choose to not recognize in your awake consciousness state. It's really that simple. It's not something that you can be separated from.

There are many individuals who believe indeed that there's their spirituality and then there's their mind and then there's a physical being and that they're somehow are separate and you've got to try to get them all together. If they're separate, it's only because you believe that it's separate. It's not really separate, you can't separate from who and what you truly are. You exist in an illusionary reality. It doesn't mean it's not significant and we emphasize over and over that it has significance, absolutely, but nonetheless, illusionary. Within your capacity to alter. It's your reality. It's your creation.

And when we give explanations, it doesn't matter what the explanation is. And we can use all types of analogies, such as the atom and such as our analogies, many times, that we refer to your beliefs in radio frequencies, and how vibrational levels are similar, and there are other analogies that we use, absolutely, but nonetheless, they have limited capacity to give you an understanding of who and what you truly are because they're all based upon experiences that you have in your awake consciousness state.

You see, the understanding of who and what you truly are cannot be expressed through a vocabulary. If you wish to have that understanding you must go withinside. You see, in that altered state of consciousness you have the capacity to have experiences that are not limited to the belief in time and space. You have the capacity to interact in other levels, if you wish, of existence, in other incarnational periods, should you choose to believe that such a thing is possible. You have the capacity to interact and to experience interactions with other individuals.

You see, we come into your vibrational level only as an entity that's been invited. You see, we exist outside of your vibrational level. And it's not so strange, it's not difficult for you to comprehend. Absolutely. We come because we are invited. You see, if we were to choose to exist within your vibrational level it's within our capacity to do so, we simply choose not to. We do, however, enjoy our interaction with our friend Elias. And in exchange for that interaction we allow him to have experiences, we allow him to experience other so-called interactions, if you wish, with other entities and with other realities. That's what he's doing. It's really very simple. It's an exchange and we both benefit quite gratefully from that interaction, but nonetheless, that's all it is.

And to attempt for us to give you the information that you desire to hear, it's not possible. It's not possible because you can't express it through this limited use of a vocabulary. And that's why we continually suggest that you should take the opportunity to alter your

consciousness and to experience that interaction through what you refer to as a telepathic interaction, a silent communication, if you wish. For many times, once again, that interaction is much more pertinent and much more accurate to your individual needs than is the information that we express through our friend Elias and through this rather limited use of a vocabulary.

And the irony of it is that many individuals will listen to these particular interactions and say, "Well, we heard this, and we heard this, so that's how it must be." It's not that way, and if you believe it's that way to have that experience in your awake [and] consciousness state. It's your reality. We're not telling you that that's how it must be. We're telling you that there are but three simple things in this reality that you can't alter: You are the god that you search for. You create the reality. And you absolutely cannot fail to come to that understanding. The rest is yours. The rest is your illusion. Have what it is that you desire. Absolutely.

And if you look for the answers to be written in a book and if you look for them from some interaction with other entities such as ourselves, and there are many, we would suggest to you that you will not find the answer there. You will indeed find clues that allow you to open the door, if you wish, but that's all it is. The answers are withinside.

You're not here by accident. You're here because you choose to have that opportunity to hear that there is so much more to who and what you truly are. Your choice. You're here because it's your choice. You at some level of your consciousness desire to be involved in this particular type of interaction and experience. And we welcome that opportunity to experience and to interact with you, but it's really no more than that. The information that we express to you is information that is contained within each and every one of you.

To believe that we are an entity who exists outside of your vibrational level and somehow has access to information about your creation on this reality is completely ludicrous. It just isn't that way. It's like sitting in your home and looking across to the neighbors and saying, "Well, from my house I know exactly how they exist in their dwelling. I know everything that they do. I know what drives them to get up in the morning, and I know what they're going to have and consume for their daily meals, and I know what their activities are going to be." It's not possible.

Now, if you wish, you can have an interaction with those individuals and have that neighbor tell you as you plan out your day, "Well, this is what I'm going to do. Can you tell me about what I'm about to do?" And that's simply what we do with you.

We express to you the information that you desire to hear. And it's information that is contained within each and every one of you. You don't need us to hear that information any more than you need any other entity.

You have but to go inside. And there is so much more that is open to you.

The irony of it is that when you begin to understand you also begin to understand that it's something that is not possible for you to explain in your so-called awake and consciousness state. You get a grasp of an understanding similar to the scientists, who grasp the understanding that there is indeed the existence of atoms. And they use all types of terminology to give you an explanation and to prove that it's there. But really, you can't see it. Really, you're taking their word for it. You're taking their word that that phenomena that's the release of the energy is as the result of the splitting of an atom. And does the atom really exist or is it a phenomenon that validates a belief that you hold?

The answers are withinside. Absolutely. It's really that simple. You have but to go withinside. You have but to express the intent and it is within each and everyone's capacity to get an understanding, and when you have that understanding it doesn't mean that you're going to be able to come back and give some type of verbalization to it, absolutely not. But it does put you in contact with who and what you truly are and it allows you indeed to have an experience in this awake consciousness state with the awareness and the understanding, and to own the belief that you are the creator of this reality and that this is temporary.

The choice is yours. Absolutely.

Now. If you have any questions we would be willing to attempt to answer them for you.

Questioner: Anybody?

Questioner: I do. We were talking about choice, that we create our reality by our choices, and what I was wondering about (*inaudible*) in what we are creating here in this reality, but when did, how or when or whatever, did we choose, for instance, the country we're going to live in, the color of our skin, our natural talents, whether we're a musician or an architect or (*inaudible*), natural inclinations for our, like, work? When do we choose that, before, it seems to me we choose that before we come here. And then (*inaudible*).

Joshiah: It becomes a difficult explanation because you believe in time and space. You believe that you exist through, once again, a beginning and an end of this particular incarnational period and that's an illusion. You continuously rebuild, if you wish, the reality that you experience. You continuously alter it. It becomes difficult for you to hold the concept [that it's] within your capacity to alter your past as readily as you can the future.

You see, you exist in this awake consciousness state, once again, where you have time and space, with a beginning and an end, and it continuously progresses along. We would challenge you, and we would

challenge anyone, to exist anywhere but in this particular instant in your awake consciousness state. You can't even exist in the particular instant. By the time you attempt to hold that concept that instant has passed. So, you can't ever exist anywhere. It's a difficult concept to grasp that you exist in an illusion of time and space. They really don't exist. Only in your awake consciousness state. In your altered states of consciousness, and we continuously use analogies, and we use that belief in time and space to attempt to give you an explanation that you can grasp while you maintain and you relate your consciousness state some type of awareness of a belief in time and space. For you see, to suggest that it doesn't occur other than entirely in the now or in the present or whatever, is still to refer to a particular element of time and space. And so it's a difficult concept to grasp that you could create your reality, and you continuously alter it, if you wish.

Now. In order to validate that belief in time and space and in order to give you some type of a concept, a grasp of the understanding of who and what you truly are, you in your so-called altered states of consciousness, and we use the between incarnational state to give an example so that you can get a grasp, once again, based upon the belief in time and space, in your so-called between incarnational existence, in that state of awareness, in that state of consciousness, you begin to put in place the belief systems, if you wish, the choices, for what it is that you will experience in your so-called incarnational period. You put in place particular belief systems, not only in what your physical attributes will be when you enter into this particular vibrational level, you not only do you put in place the agreements and contracts with other entities that when you enter into this vibrational level you will be with certain entities, "That's the person who's going to interact with in this particular incarnation and they will be my parents and I agree to be the child and they agree ..." It's all an agreement. It's not that you choose and they say, "Oh no, we don't want you." For you see, it's an agreement. You don't force yourself upon anyone and no one forces themselves upon you. It's an agreement.

You also choose in that level of consciousness, if you wish, particular elements, possibilities, that you might wish to experience in that incarnational period, physical elements, that you choose to put in place, as well various types of diseases.

And your scientists will look at it and say, "Well, well that particular disease is indeed a genetic inheritance." Well, it's a choice. Nonetheless, it's a choice and in order to validate and make it real you put in place these particular terms and you can prove it. For you see, if you can prove it scientifically then it's real. And if it's real, then the emotions and feelings that you experience as a result of that reality are intensified. And that's why you came here. That's why you choose to be involved.

And so, you put in place these particular elements and now your scientists have discovered what you refer to as DNA, and in the DNA they understand indeed that there are various particular elements of your DNA that they can trace. That they can say, "This part of your DNA is responsible for certain elements of your existence and your experience, your physical attributes." There are also portions of your DNA that they don't understand. There's a portion that they look at and say, "Well, we don't know what that's for, we don't know what that's for." But they're beginning to understand indeed that that particular aspect of the DNA that they don't understand, many times, when it alters, when it becomes active, you result in your experiencing various ailments or alterations in your physical existence. Diseases, for example.

And so, you put in place all of these particular belief systems for possibilities for you to experience within a certain incarnational period. When you come into the incarnational period, and you indeed have this energy that surrounds the DNA, and as you alter your choices, and as you alter your decisions, you alter the energy that surrounds the DNA and you can activate various aspects of that DNA that allow you to have that experience.

And so, you have this DNA, all of these possibilities that are registered, if you wish, so that you can prove it scientifically. And then as you exist within this reality and you make the choices and you make the decisions, and you decide that you're going to have a certain type of experience, or you decide that you're not in control, that you're not worthy, and, "I'm certain that my relatives, my ancestors experienced absolutely horrible diseases. They've experienced various types of diseases and so there's a very good chance that I'm going to have that."

And so, you dwell on that and you think about it and you believe and make the choices that activate that possibility and take it from being a possibility into a probability and you alter the energy that surrounds the DNA and you activate what was a possibility, a choice that you made at some level of your consciousness. You can have the experience. It's really that simple.

Your scientists are beginning to believe that as you alter the choices, and as you alter your so-called mental understanding of your reality, and as you visualize, and as you make choices based upon what it is that you desire, and you use your imagination and your expectation, that you can change that DNA attribute, you can change that disease, and it will alter and many times mysteriously disappears. Because you see, you have within you the capacity, not only have, but continuously influence the energy that surrounds your DNA to activate and deactivate, to turn possibilities into probabilities and to turn probabilities into realities and have the experience.

You as a human consciousness, and once again, believe in time and space, you believe in there's a progression. And we would suggest that as a human consciousness you have chosen to believe that it's within your capacity to have some type of conscious control over this reality that you're experiencing. And the entities that are entering into this vibrational level, into this incarnational period, are entities that are coming in and some of your so-called new agers are referring to them as the Indigo Children.

And these children are bringing with them the understanding, consciously, of their capacity to alter their reality. And scientists and doctors are beginning to realize that some of these individuals that are being born with a certain DNA that are having serious problems, by the time they reach their age of nine or ten or into what you refer to as puberty, have changed their DNA. Literally changed it. Not just some elements of it, but it's the DNA that if they were to compare it to four or five years ago is not even the same DNA, the comparison would not show up, in this so-called accurate analysis of an individual, because they understand that they have the capacity to alter their DNA.

The irony of it is that those individuals that you refer to as the Indigo Children are simply entities the same as you are. Entities who have existed in other incarnational periods and the same vibrational level. They're not new individuals. They're just individuals bringing with them a belief system that it's within their capacity to alter their reality consciously. And you have the same capacity. You're no different. There's no entity that's more or less than any other entity. It's within your capacity to do so.

The irony of it is that there are many individuals existing in this particular incarnational period who say, "Oh, that's not possible. There's no way. That's not ever going to happen in my reality." And yet, when they so-called die and they choose to reincarnate, lo and behold, they bring in an entirely different nationality, maybe an entire different gender, and bring with them a belief system that in their so-called former incarnational period was a belief system that they simply said was not in existence and not possible. It's the same entity. You've existed within this vibrational level since this vibrational level was conceived. For time and space are illusions, they only exist in your awake consciousness state.

In order to grasp the understanding, once again, we would suggest that one goes inside. The answers are withinside. You're not going to find them written in a book. And any explanation that we attempt to give to you, once again, is limited through this use of a vocabulary.

Go withinside. The answers are withinside and it's accessible for each and every one of you. Absolutely.

Does that answer your question?

Questioner: Thank you.

Questioner: Does anybody have a question?

Questioner: Over the past couple of months, is there something ... I guess the energy is evolving until 2012, but it's like, in the last couple of months my experience of it was like a sense of hollowness or something and an apprehension and kind of a fluctuation between apprehension on the one hand and real love on the other hand, bringing tears to my eyes. And is it like that for everyone? And is it just my experience as the energy shift or is there some kind of a shift that has taken place in the last couple of months that's different?

Joshiah: [Really] a very difficult question to give an absolute answer to. For each individual has the capacity to exist within this vibrational level and to have a unique experience, absolutely, based upon the beliefs that they hold.

We, once again, suggest that you have what we refer to as a human consciousness belief system. The human consciousness belief system, once again, are those that you refer to as your laws of physics. You need to breathe air in order to exist. Time and space are real. You can't exist without time and space in your awake consciousness state. And various other so-called human consciousness belief systems that you refer to as the laws of physics. Those are very difficult belief systems to alter.

And then you have the societal belief system that is indeed much easier to alter, but nonetheless, more difficult than the individual belief system. And the societal belief system is something that you can witness and experience throughout your entire global existence. You can have one society that holds an entirely different set of beliefs than someone on the other side of the world, and yet the two societies exist even though one abhors the other and says that each one is not the way to exist. Nonetheless, you can exist within those so-called societal belief systems.

And then you have the individual belief systems. The individual belief systems are the belief systems that are the easiest for you to alter. And yet, even in the individual belief systems you do have the capacity and the ability to step outside of the societal, and many times, although much more difficult, you can indeed to a limited extent step outside of your so-called human consciousness belief systems.

And so, the experience that one has, that one must say, "Well, I'm experiencing a shift in energy. I'm experiencing a shift in your so-called reality," can be a rather unique experience that's limited to one individual. Though we've suggested many times that when more than one individual is involved in a reality

creating process by holding similar beliefs then you enhance that creation.

We've also suggested that you as a human consciousness have agreed to alter the energy that makes up this reality that you experience that allows you to experience that so-called consciousness reality creation process. But it doesn't mean that you have to be involved in it. It doesn't mean that you have to participate. As we've suggested many times there are individuals who will choose not to participate. The irony of it is, should they choose to reincarnate, to use your belief, once again, in time and space, it's a very good possibility, in fact a very strong possibility, that when they reincarnate they will bring with them that belief, that understanding at their conscious level that it's within their capacity to consciously alter and to create the reality and you can experience that in this reality.

As we've suggested many times this inner search, this connection with who and what you truly are, while it may seem to many to be a very desirable aspect for you to achieve, with it comes the understanding that once you accept the responsibility for the creation of your reality it's very difficult to go back. It's very difficult to put that aside and say, "Well, that was okay for yesterday, but today I'm not going to be responsible." You can't do that.

And as you begin to have that experience, and as you begin to like who you are, the whole creation process takes on an entirely different meaning. You begin to realize that what's real is not necessarily what you experience in your awake consciousness state, and that experience of love and self love can indeed influence interactions that you're having with other individuals, interactions in other relationships. And they're, for the most part, what you might refer to in your awake consciousness state very positive interactions. Absolutely. Because it's reaffirming, if you wish, that understanding that you are in control of the reality that you experience.

It's like the scientist, once again, who explodes the atom, even though he never sees it. It's a beginning to understand the concept that, "Yes, there is energy that I cannot experience in my so-called awake consciousness state other than through some type of experimentation where I can validate a belief that I can't see, that I only believe."

And so it is, when one begins to accept the responsibility for the creation of the reality, even though the reality may not suddenly blossom into that which you desire and say, "Well, I wish I had all of these particular attributes and I wish that I had certain relationships and I wish I had all of this abundance." It doesn't really that suddenly occur because you believe in time and space. You believe that it takes certain attributes and certain efforts in order to achieve those particular elements of your creation.

But nonetheless, you alter your belief that it's your reality, that you are in control, and it is a reality that's a reflection of absolute and unconditional love, and you begin to bring that into your awake consciousness state and your whole existence alters, your whole perception of the emotions and feelings alter. And that's what's real. The rest is an illusionary existence and reality. Significant, but illusionary nonetheless.

Does that answer your question?

Questioner: Yes, thank you.

Joshiah: Well now, it has indeed been a very entertaining interaction and we would like to, once again, express our gratitude to each of you for allowing us this opportunity to interact and to share in your reality, in your vibrational level. And as always, we are very grateful for those opportunities. Absolutely.

And we would suggest to you, once again, that we are not separated by time or space but rather by a vibrational level and should you choose to interact with us you have but to express the intent and we would welcome that opportunity to interact and to share with each of you and to offer you, once again, our absolute unconditional love and our unending support. And we would bid each of you farewell, with love and with peace. ✨